What is claimed is:

1. A switch characterized by:

a case forming a case shape;

a pair of fixing terminals with contact sections exposed at an inner surface of a case formed at one end and with remaining ends being positioned outside of the case;

a contact piece, provided within the case, with a fixed contact section always in contact with the fixing terminal formed at one end, and a moveable contact section capable of making contact with the other fixing terminal provided at the other end, and a central part with a coil spring having resilience in a winding direction of a coil and compression direction; and

an operation body with one end positioned within the case so as to form a pressing section capable of pressing the contact piece in a compression direction and an operation section with another end positioned outside of the case so as to form an operation section pressed from outside.